

**AVAILABLE AS EXTRAS IF REQUIRED:**

- Poached & Dressed Scottish Salmon
- Seafood Platters
- Sliced Topside of Beef/Gammon Ham
- Bowls of Seasonal Salad, Coleslaw Salad
- Rice Salad, Potato & Onion Salad, Greek Salad
- New Potatoes with Mint & Butter
- Roast Chicken Drumsticks
- Fillet of Plaice Goujons
- Wraps various fillings
- Cheeseboard, Biscuits & Butter or French Bread
- Scones with Clotted Cream & Strawberry Preserve
- Gateaux's, Cheesecakes etc all pre-cut for your convenience
- All Special Requests Will Be Honoured

**We will lay the buffet out beautifully for you.**

Quality Disposable Table Covering, Plates & Napkins provided by us.

All platter's arrive in a refrigerated delivery vehicle and will be covered in Cling Film.

Your selected buffet will be prepared using only the Freshest of Produce.

Tea, Coffee & Waitress Service are available at an additional cost if required.

Wine, Juice & Beer are available on a sale or return basis.

Buffet tables available for small hire charge.

Function Rooms available for hire by us (most areas)



# Food for Thought

Catering Services

Established 25 years

*Purveyors of Excellence*

We provide a professional catering service designed specifically for your needs. Our quality cuisine is prepared especially for you in our catering unit, where we have chiller space for up to 400 covers. We also offer refrigerated delivery service for all our buffets.

Our company has 2 refrigerated vehicles which enables us to offer a delivery service to most areas. We will be happy to visit you personally to discuss your requirements.

We hold a Local government hygiene certificate and have been awarded a 5 rating - the highest score available to caterer's. This, along with current Public Liability Insurance Certificates are available for your perusal.

**'WE WILL EXCEED ALL YOUR EXPECTATIONS!'**

*Gina*

'Friday Lodge', Wellington Avenue, Hullbridge, Essex SS5 6DT

**Telephone: 01702 232885 Mobile: 07887 531457**

or visit our Website: [www.FoodForThought.uk.com](http://www.FoodForThought.uk.com)

Email: [jeanna.ingleton@tiscali.co.uk](mailto:jeanna.ingleton@tiscali.co.uk)

V = Suitable for vegetarians  
All platters arrive beautifully garnished

## FINGER BUFFET 1

- Freshly Prepared Cocktail Sandwiches  
(Wholemeal and White bread with Meat & Vegetarian Fillings)
- Freshly Prepared Bridge Rolls with Gammon Ham
- Luxury Home-made Scotch Egg Quarters
- Luxury Home-made Cocktail Sausage Rolls
- v Savoury Cheese Puffs
- Fresh Chicken Satay Skewers served with a Sweet Chilli Dip
- Fillet of Chicken Goujons served with a Sweet Chilli Dip
- v Savoury Quiche Wedges
- Buffet Pork Pie Quarters
- Home-cooked Cocktail Sausages with Sticks
- v Cheese and Pineapple Sticks
- v Fresh Crudit  selection served with Herb Dip
- A lovely selection of Mini Cakes and Fresh Cream Mini Cakes

## FINGER BUFFET 2 - 'Afternoon Tea'

- Freshly Prepared Cocktail Sandwiches-  
Home-made sandwich fillings where possible:  
(Wholemeal and White bread with Meat & Vegetarian Fillings)  
Egg & Cress, Chicken Mayo & Lettuce, Salmon & Cucumber,  
Cheese & Coleslaw/Tomato or Smoked Salmon & Cream Cheese
- Fillet of Chicken Goujons served with a Sweet Chilli Dip
- v Vegetarian Quiche Wedges
- Luxury Home-made Cocktail Sausage Rolls
- Scones with Clotted Cream & Strawberry Preserve
- Choice of Victoria Sponge, Lemon cake, Coffee & Walnut,  
Carrot & Orange - All the above come pre-cut for your  
convenience
- Also provided quality disposable cutlery, plates & napkins



## FINGER BUFFET 3

- Freshly prepared Cocktail Sandwiches  
(Wholemeal & white bread with meat & vegetarian fillings)
- Freshly prepared Bridge Rolls with Gammon Ham
- Luxury Home-made Sausage Rolls
- Buffet Pork Pie Quarters
- v Savoury Quiche Wedges
- Breaded Butterfly Prawns served with a Sweet Chilli Dip
- Fresh Chicken Satay served with a Sweet Chilli Dip
- v Savoury Cheese Puffs
- Home-cooked Cocktail Sausages with Sticks
- Home-made Scotch Egg Quarters
- v Cheese and Pineapple Sticks
- Prawn Cocktail Vol-au-vents
- v Fresh Crudit  selection served with a Herb Dip
- A lovely selection of Mini Cakes & Fresh Cream Mini Cakes



## FINGER BUFFET 4

- Freshly prepared Cocktail Sandwiches  
(Wholemeal & white bread with meat & vegetarian fillings)
- Freshly prepared Bridge Rolls with Gammon Ham
- Luxury Home-made Sausage Rolls
- Luxury Home-made Scotch Egg Quarters
- v Vegetarian Mini Pastry Canape Selection:- Consisting of  
(Stilton & Apricot + Rogan Josh + Mushroom)
- Chicken Satay and Grape Platter
- v Savoury Cheese Puffs
- v Indian & Chinese Selection
- Smoked Salmon & Cream Cheese Mini Bagels
- Breaded Butterfly Prawns served with a Sweet Chilli Dip
- v Savoury Quiche Wedges
- v Fresh Crudit  selection served with a Herb Dip
- Fresh King Prawns with Rose Marie Sauce
- A lovely selection of Mini Cakes & Fresh Cream Mini Cakes

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